

TRACS Pre-Surgical Instructions

Surgery Date: _____

Aspirin: Continue taking aspirin or aspirin-based medications unless your doctor says otherwise.

Blood Thinning Medications:

- **Plavix/Clopidogrel:** Stop 7 days before surgery. Last dose: _____
- **Xarelto/Rivaroxaban:** Stop 2, 3, or 5 days before surgery. Last dose: _____
- **Eliquis/Apixaban:** Stop 2 or 3 days before surgery. Last dose: _____
- **Brilinta/Ticagrelor:** Stop 5 days before surgery. Last dose: _____
- **Pradaxa/Dabigatran:** Stop 2 or 3 days before surgery. Last dose: _____
- **Coumadin/Warfarin:** Stop 5 days before surgery. Last dose: _____

If you need bridging, the anti-coagulation clinic will contact you.

Diabetes Medications:

- **GLP-1 Medications** (usually end in “-glutide”): Stop daily doses on the day of surgery or injectable doses the week before.
- **Medications with “glifozin”:** Stop 3 days before surgery.
- **Other oral diabetes medications:** Stop on the morning of surgery.

Immunosuppressants:

- **Medications ending in “-mab”:** Skip the dose before surgery.
- **Methotrexate:** Discuss with your provider.
- **Prednisone:** Discuss with your provider.
- **Transplant/HIV medications:** Never skip a dose.

Narcotics:

- **Minimize** pain medications before surgery.
- **Do not take narcotics within 24 hours** of surgery.
- **Cannabis/Marijuana:** Avoid inhaled or oral products (especially THC). Topical use is okay.

Other Medications:

- Medication Name: _____ Last dose: _____
- Medication Name: _____ Last dose: _____
- Medication Name: _____ Last dose: _____

Important Reminders:

- **Do not shave** the surgical site.
- **Do not take any medications** on the morning of surgery unless instructed by anesthesia.
- **Nothing to eat or drink after midnight** the night before surgery.

Salem Hospital will contact you with any additional instructions.