

## **PURPOSE**

The purpose of this conference is to engage clinical staff using examples of evidence-based practice in order to improve nursing care and patient outcomes.

## **OBJECTIVES**

1. Describe the essential components of an evidence-based practice model.
2. Recognize 2 ways to incorporate clinical inquiry into professional practice.
3. Identify 3 ways to decrease harmful patient events.

## **CONFERENCE PLANNING COMMITTEE & SITE COORDINATORS**

Oregon Health & Science University Healthcare  
Ashley Arehart, MSN, RN, CPN  
Sandra Banta-Wright, PhD, RN, NNP-BC

VA Portland Health Care System  
Christy Locke, DNP, CNS, CNS-CP  
Melissa Schmidt, MSN, RN, CNL, CPAN, CAPA, EBP-C  
Kate Oppegaard, PhD, APRN, ACCNS-AG

Providence Health & Services, Oregon  
Basia Delawska-Elliott, MLIS, AHIP  
Melissa Robinson, PhD, RN, CNE

Salem Health  
Sandra Bunn, MSN, CNS-PP, ACNS-BC, BC-ADM  
Brianna Revard, MBA, BS  
Kelly Bodnarchuk, MBA, BSN, CENP

Legacy Health  
Sharon Norman, DNP, RN, CNS, CCRN

Kaiser Permanente  
Audra Pfund, MS, RN, CNL, CPHQ

Peace Health  
Katie Beam, DNP, APRN, ACNS-BC

ONRQC Emerita  
Deborah Eldredge, PhD, RN

### PROFESSIONAL CREDIT

CEs provided by Salem Health Professional Development. Accreditation pending approval. Brochure will be updated on approval. Provider approved by the California Board of Registered Nursing, Provider number CEP 7427 for 6.0 contact hours. Must complete course evaluation to receive CE certificate.



**The Oregon  
Nursing  
Research &  
Quality  
Consortium**  
*Presents....*

**Practical Approaches to  
Evidence-Based Practice**

Date:  
April 14, 2025

Time: 7:15-4:00

**Salem Health  
Wedel Auditorium  
Bld. B Basement**

890 Oak St SE  
Salem, Oregon 97301

## SPEAKER

**Elizabeth Bridges, PhD, RN, CCNA, FAAN**

**Dr. Bridges is a retired professor from the University of Washington School of Nursing/ University of Washington Medical Center and is a retired colonel of the United States Air Force Nurse Corps. She served as the President of the American Association of Critical Care Nurses in 2020-2021. Dr. Bridges is well known for her presentations on the integration of evidence into practice that includes multiple topics related to sepsis, hemodynamics, and operational care.**

## SPONSORS



U.S. Department of Veterans Affairs  
Veterans Health Administration  
VA Portland Health Care System

## PROGRAM SCHEDULE

- 7:15 Registration/Light Breakfast
- 8:00 Welcome  
*Salem Health*
- 8:10 **Creating a Culture of Inquiry**  
*Elizabeth Bridges, PhD, RN, CCNA, FAAN*
- 9:10 **Essential Components of an EBP Model**  
*Katie Beam, DNP, APRN, ACNS-BC*  
*Kate Oppegaard, PhD, APRN, ACCNS-AG*
- 10:00 Poster Viewing/Break
- 10:40 **Implementation Science**  
*Frances Chu, PhD, MLIS, MSN, RN*
- 11:30 Poster Viewing & Judging/Lunch
- 12:20 **Clinical Inquiry Examples**  
*Podium/narrated posters*
- 1:20 Break/Networking
- 2:10 **Clinical Inquiry Examples**  
*Podium/narrated posters*
- 2:55 **Beyond the Nuts and Bolts: Move To-day's Lesson Forward**  
*Elizabeth Bridges, PhD, RN, CCNA, FAAN*
- 3:45 **Poster Awards and Closing**  
*Deborah Eldredge, PhD, RN*

## REGISTRATION

### Register early as space is limited!

Includes continental breakfast and catered box lunch

**General Admission** = \$90.00 until April 14, 2025

**Presenters, Retirees, Students**= \$75.00

**Refund Policy:** If you cancel on or before April 4, 2025 you will be refunded \$40; After April 4, 2025 no refund will be issued (you can send someone in your place).

**Register online** at: <https://www.salemhealth.org/for-healthcare-professionals/oregon-nursing-research-and-quality/welcome>

**Speaker handouts** will be available at [www.OregonNursingResearchandQuality.org](http://www.OregonNursingResearchandQuality.org) starting April 13, 2025.

If you would like handouts please print prior to the conference. No handouts will be available at the conference. Handouts will be available on the website for 30 days after the conference.

## DIRECTIONS

### **Salem Health:**

<https://goo.gl/maps/EGZyMqoMy8P6mPT17>

### **Campus Map**

<https://www.salemhealth.org/patient-guide/maps>

## PARKING

Event parking is available in the Staff Parking lot located on Capital Street. Be sure to park on the 5th floor. Please car pool.

## QUESTIONS?

Please contact  
Christy Locke at [Christine.Locke@va.gov](mailto:Christine.Locke@va.gov)