



How to prepare your scent cloth

Your baby knows and loves your scent! Scent cloths are a great way for you to comfort and bond with your baby during their NICU stay.

When you're not able to be with your baby in the NICU, you can leave a scent cloth in your baby's bed. This will help them feel closer to you while you're away. Here's how to prepare your scent cloth for your baby's NICU stay:

Wear a cloth under your clothing, next to your skin, for eight to 10 hours. You can tuck into a bra strap or use a safety pin for other clothing pieces.



Salem Health
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When wearing the cloth, please avoid wearing perfumes or scented lotions. Babies are very sensitive to fragrance smells.

Stay away from cigarette smoke and household chemicals. If you have skin sores or an illness, please wait until you heal to wear the scent cloth.

Because milk on fabric can lead to germ growth, please don't use scent cloths as breast pads.

Store your scent cloth in the plastic bag provided to keep it clean and free of other smells. Wash the cloth in scent-free soap before reusing it.

Please note: NICU infants can have a scent cloth in the incubator or open warmer as they are developing, up until the point they are placed in a crib and the developmental positioners are removed. After this, please follow safe sleep guidelines and remove scent cloths from your infants crib. This includes at home.

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