

2022



## Community Health Needs Assessment



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# Executive Summary

## About Salem Health Hospitals and Clinics

Salem Health Hospitals and Clinics has been the region's leader in locally controlled health care since 1895, providing the community with award-winning care for generations. Salem Health facilities include Salem Hospital, West Valley Hospital in Dallas and Salem Health Medical and Specialty Clinics throughout the mid-Willamette Valley. Salem Health collectively serves both Marion and Polk Counties while also providing high quality, sought after care to those in the surrounding counties of Linn, Benton, Lincoln and Yamhill.

Salem Hospital is the largest hospital in Oregon and operates the busiest emergency department between Seattle and San Francisco, with more than 105,000 visits in 2022. West Valley Hospital, Salem Health's critical access hospital is a top performing critical access hospital which offers emergency services, swing beds and specialty care close to home for those living in rural Polk County. In July 2022, a new inpatient building opened on the Salem campus, adding 150 of those beds to meet the current and growing need. Construction is currently underway for an additional 19 beds at West Valley, scheduled to open in June 2023.

Our mission is to improve the health and well-being of the people and communities we serve. We are proud to partner with the best physicians in the region to bring exceptional and compassionate care to our region.

***Salem Hospital's emergency department is the busiest from Seattle to San Francisco, with more than 105,000 visits in 2022.***

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In addition to inpatient care, primary care, urgent care, emergency care, and telehealth, Salem Health Hospitals and Clinics offers the following:

- Adult Psychiatric Medicine
- Advanced Wound Care
- Bariatric Surgery Center
- Breast Center
- Cancer Institute
- Family Birth Center
- Heart & Vascular
- Neurology
- Nutrition Therapy
- Occupational Medicine
- Outpatient Rehab
- Pain Clinic
- Anticoagulation Clinic
- Palliative Care
- Pulmonary
- Rehabilitation
- Joint Replacement Center
- Laboratory
- Women's Health
- Sleep Center
- Spine Center
- Stroke Imaging
- Infusion & Wound Care

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## Collaborative Approach

More than providing exceptional care, Salem Health is dedicated to being a steadfast and thoughtful partner to the communities we serve, impacting health outcomes through a multitude of collaborations. We strive to demonstrate our commitment by focusing our efforts and resources in the areas of highest need.

In order to determine this focus, Salem Health partners with public health, providers, civic groups and community based organizations throughout Marion and Polk counties to publish the Community Health Needs Assessment (CHNA). Partners include Marion County Health & Human Services, Polk County Health Department, PacificSource Community Health Solutions, Santiam Hospital, Legacy Health Silverton, Kaiser Permanente, Behavioral Care Network, Chemeketa Community College, Northwest Senior & Disability Services, Western Oregon University, Early Learning HUB and Mid-Willamette Valley Community Action Agency.

The collaborative approach used to complete the Community Health Needs Assessment (CHNA) is the Mobilizing for Action through Planning and Partnerships (MAPP), a multi-phase, evidenced-based framework created by the National Association of County and City Health Officials (NACCHO). The MAPP process casts a wide net to collect both qualitative and quantitative data aiding in better understanding the local health landscape and why health conditions occur. As a result, three main priority areas for the community were identified:

- Substance use and prevention
- Housing
- Behavioral health support

The collaborative also develops a five year Community Health Improvement Plan (CHIP) to outline strategies to address these priority areas throughout the Marion and Polk region. Each partner adopts and works toward the strategies they believe they can impact and goals and outcomes are gathered and reported collectively. This plan is currently under development and is expected to be published in June 2023.

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## Our Impact

Since the 2019 CHNA, Salem Health has continued to provide funding, staff capacity and other resources towards the identified areas in addition to the overlapping priority impacting all of us, COVID-19. Following the introduction of the COVID-19 vaccine in January 2021, Salem Health stood up the first mass vaccination clinic in the state and also initiated a mobile vaccine clinic to connect and provide access to vaccines for members of our BIPOC communities. While the worst of the pandemic has passed, Salem Hospital continues to admit and care for patients with corona virus. In 2022 alone, 2,045 patients testing positive for COVID-19 were admitted and cared for at Salem Hospital.

The following pages outline the impact Salem Hospital and West Valley Hospital made from July 2021 – June 2022 as strategic investments were made to enable Salem Health to allocate resources toward services, outreach, prevention, education and wellness opportunities where the greatest impact can be realized.

Following this Executive Summary we have attached the full Marion & Polk Community Health Assessment 2022 update Salem Health completed with our collaborative partners.

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## Identified priority areas

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### **SUBSTANCE USE AND PREVENTION**

Substance use and abuse, including alcohol, tobacco and other drugs remain a primary source(s) of preventable death in the community.

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#### **Goal: Reduce the abuse of alcohol, tobacco and other drugs**

<b>Objective</b>	<b>Impact (July 1, 2021 – June 30, 2022)</b>
Diversion of low-level offenders from traditional judicial system through influencing underlying issues of addiction.	Community Investment Grant support Law Enforcement Assisted Diversion training of neuroscience of addiction, treatment, and recovery. Implementation of navigators with supporting health care and housing services. 58 officers in region trained, 63 clients housed and in treatment programing.
Community Health Education Center (CHEC) support groups	17-AA group meetings and 6 - Al-Anon group meetings - providing free space for support groups to meet.
Research	Dr. Paul Coelho of the Salem Health Pain Clinic (SHPC) collaborated with a substantial array of colleagues to establish a portfolio of communication and information-gathering connections around opioid use and addiction behaviors. In total, three public health resources were developed.
Active involvement on community boards advancing this work	Salem Health content experts served on seven (7) community and state boards where substance use, abuse, and prevention were aspects of work.

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## HOUSING

Housing and access to health care considered social determinants of health because they can have a significant impact on one's health, particularly if they are lacking.

Access to affordable housing and access to health care are two vital building blocks toward stability.

**Goal: Support initiatives that create access to affordable housing and create avenues to citizens to access health care services.**

Objective	Impact (July 1, 2021 – June 30, 2022)
Improving access to health care services	<p>Funding for Community Investment Grants supported 10 grants (6 health care and 4 housing).</p> <p>Two housing grants housed 24 families and two housing grants provided 6,889 shelter nights to youth and women in local shelters.</p> <p>Six health care grants used community health workers to connect 2,511 youth, low-income, and underrepresented individuals to health care services.</p>
Rural Polk County Health Fairs	<p>Yearlong effort to connect rural Polk County residence to health care through community based health fairs. Locations included Falls City, Independence, and Grand Ronde.</p>
Connections Van	<p>Curb to curb transportation service for residents of Polk County to any medical appointment.</p> <ul style="list-style-type: none"><li>• Total Rides: 1,214</li><li>• Total Patients: 600</li><li>• First Time Riders: 47</li><li>• Total Driver Time: 1,200 hours</li></ul>
Polk County Fair First Aid	<p>West Valley Hospital clinicians and staff provided first aid and other medical services during the fair week.</p>
Community Health Education Center (CHEC) services	<p>7,431 individuals were served with a variety of health education classes and support services.</p>
Salem Health Cancer Institute Nurse Navigation	<p>1,200 individuals were supported by nurse navigators who are all certified oncology nurses. These navigators helped to coordinate care and bridge the gap between patient needs and services.</p>
School Immunization Clinics	<p>Salem Health Medical Group conducted a childhood vaccination clinic in Gervais for students who would</p>

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	otherwise be excluded from school. 35 vaccinations given.
Active involvement on community boards advancing this work	Salem Health content experts served on six (6) community and state boards where substance use, abuse, and prevention were aspects of work.

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## BEHAVIORAL HEALTH SERVICES

The prevalence of mental health risk factors within our communities is rising. 1 in 4 adults have been diagnosed with depression while the suicide mortality rate is increasing in Marion and Polk counties. Mental health is an important part of overall health and well-being.

**Goal: Support health care navigation and other prevention services delivered in trauma informed practices to positively impact children, youth, and adult seeking to improve their behavioral health.**

Objective	Impact (July 1, 2021 – June 30, 2022)
Improving access to behavioral health services	Funding for Community Investment Grants supported 4 grants improving access for children and marginalized communities to access behavioral health services in trauma informed settings. 326 unduplicated individuals were connected to services.
Polk County “Happy Dance”	Sponsorship of event in Falls City that focused on behavioral support services and destigmatizing mental health.
Community Health Education (CHEC) classes and outreach	Grief: Healing After Loss – 5 classes, 26 individuals Functional Fitness for Cancer – 5 classes, 46 individuals Tuesday Talks – 18 broadcasts – 631 listeners Good Food Good Mood – 2 classes, 49 individuals Brain Agility on the go – 2 classes, 34 individuals Stress Friend or Foe – 4 classes, 35 individuals Hands across the bridge – 75 individuals
Active involvement on community boards advancing this work	Salem Health content experts served on three (3) community and state boards where substance use, abuse, and prevention were aspects of work.