Referral Form

2019 Pain University

Please enroll the following patient:

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In the following Pain 101: Introduction to Pain and its Treatment Course

*(All courses are held Wednesdays 1:00PM – 2:30PM)*

March 6-April 10

May 1- June 5

July 10- Aug 14

Sept 4- Oct 9

Referring Provider:

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(Please print)**

Office contact for questions:

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(Please print)**

Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Fax Referral to Salem Health Community Health Education Center (CHEC) at 503-814-1599.**

Program Summary

Mission: Create access to evidence based care for people who experience chronic pain.

Description: Pain University follows a curriculum of current neuroscience designed to help improve the quality of life of people with chronic pain.

Content: Pain 101 is the first step in the Pain University model. It comprises a six-week education and movement based curriculum. Co-facilitated by a Psychologist and a Physical Therapist with specialization in the treatment of chronic pain. Participants will be in a classroom setting learning and experiencing with other’s how to diminish the effects of catastrophizing pain, anxiety, physical guarding and poor sleep hygiene.

Cost of Pain 101: No charge

Graduates of Pain 101: Patients who have completed the 6 week course will have an opportunity to continue building specific skills within the Pain University model. This may include specific work which requires a provider referral and insurance authorization.