

Mental health counselors

Sometimes people experience a prolonged change in mood or emotional state after experiencing a medical condition. A mental health counselor can help in your recovery. A professionally trained, personal and private counselor can help you cope, emotionally and mentally, with the many changes you may be experiencing. Below is a list of some mental health agencies in the Salem area.

Salem Hospital's Regional Rehabilitation Center psychology

Salem Hospital's Regional Rehabilitation Center has psychologists who specialize in psychological and adjustment-related issues surrounding rehabilitation. From in-depth psychological assessments to emotionally coping with the changes that a serious medical event, disabling injury or severe illness can bring, Regional Rehabilitation Center psychologists are available to help. For more information, call 503-561-5986 or visit salemhospital.org/rehab/neuro.htm.

Other mental health organizations in the Salem area

- New Perspectives Center. For counseling and therapy, call 503 585-0351 or visit viser.net/newper.
- Valley Mental Health/Salem Psychiatric Associates. Call 503-589-4046 or visit valleymental.com.
- Infocus Counseling. Call 503-371-7393 or visit infocuscounseling.com.
- Senior to Senior counseling. Call 800- 469-8772 or visit nwsds.org/getting-assistance/services/senior-to-senior-counseling.
- Marion County Mental Health. Call 503-588-5351 or visit co.marion.or.us/HLT/MH.
- Polk County Mental Health. Call 503-623-9289 or visit co.polk.or.us/mh.
- Linn County Mental Health. Call 541-967-3888 or 541-967-3866 or visit co.linn.or.us/Health/mental_health/mh.htm.
- Benton County Mental Health. Call 541-766-6841 or visit co.benton.or.us.
- Yamhill County Mental Health. Call 503-434-7523 or visit hhs.co.yamhill.or.us.

The above list may not include all community providers. Salem Hospital does not recommend any provider over another.